

Fostering Independence, Maintaining Dignity

"I have a tremendous respect for the work you do and wish you nothing but continued success. It's comforting, at the very least, to know that even 3,000 miles away, there are still kind, caring people out there who understand what one encounters in caring for a disabled loved one. Your product is ingenious and should receive more accolades."

Scott A., son of father with stroke, orthopedic, SCI issues, Staten Island NY

"Just this morning the GHS was bringing some amazement and tears to staff members as a student with CP used it successfully."

David Cacciatore, Physical Therapist, Lane School, Houston TX

"When properly secured in the GHS, the resident is completely supported, without need for caregiver assistance. Mobility activities can be performed relatively hands-free. The resident's confidence is restored, which can be a huge barrier removed. The therapist is now able to fine-tune the resident's mobility and address weakness and other gait deviations."

Linda Horn, PT, NCS, Inpatient PT Coordinator, St. Agnes Healthcare, Baltimore MD

**Taking a walk toward
recovery,
one step at a time**



Second Step, Inc.
Helping People Walk Again

Second Step, Inc.

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"Your videos of brain injured folks, like my son, using the Gait Harness System brings tears to my eyes because it reminds us to never give up and to keep trying new things."

Bonnie P., parent of TBI user, Eugene OR



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Since 1989,
a passion and mission to
help people walk again

Learning how to walk again...and what better way to accomplish Medicaid spend-down?

The Second Step Gait Harness System[®] helps clients stand and walk again

When working with the elderly and those with special needs, it is often necessary to focus discussion and planning on unpleasant topics...topics such as Medicaid spend-down and long-term financial planning.

In the midst of serious decision-making, we can also use the spend-down process for positive planning, offering a glimmer of hope for those who need to learn to walk again.

Keeping clients from bouncing back to hospitals, and avoiding secondary complications resulting from sedentary behavior, is good for everyone.

Everybody wins



The Gait Harness System[®] is considered an exempt (non-countable) asset for Medicaid financial qualification purposes

If a client is in the process of spending down to qualify for Medicaid, and there is a possibility the GHS might improve their quality of life, why not consider using some of the spend-down to invest in the GHS?

The number one reported goal of people in rehab programs is to walk again. You have options.

We see the time when people will no longer be sent to institutions (or sent home from institutions) with the message they will never walk again. In most cases, they can walk again if given the proper tools and opportunity.

“The Gait Harness System is a truly marvelous device that could no doubt help thousands of people actually regain their mobility, not just spend the rest of their lives being pushed around in a wheel chair or riding on a scooter.”

Joe Mitchell, Financial Aid Center for Long Term Care, Inc.,

Grants Pass OR

Customized approach, personal attention

“The Second Step program is most creative. It provides much needed rehabilitation support for individuals with disabilities in long term care facilities. Wishing you every success.”

Margaret Giannini, M.D., F.A.A.P, Director, Office on Disability, Health and Human Services, Washington DC

Creative methods, inspiring results

“I have a group of patients at a facility who were all told they would never walk again—after using the Gait Harness System, only two now use a wheelchair as their primary locomotion.”

William Thornton MPT, Lead Physical Therapist, The Center for Spinal Cord Injury Recovery[®], Rehab Institute of Michigan, Detroit MI, Level 11 PT Clinic Founder, Oakland Orthopaedic PT Clinic Director, Holly MI



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